

Curriculum Vitae

Dr Reef Karim

Medical Physician

Board Certified Psychiatrist

Board Certified Addiction Medicine Specialist

Relationship Therapist

BUSINESS ADDRESS:

Business Address:

The Control Center

(The Beverly Hills Center for Self Control & Lifestyle Addictions)

Dr.Reef Inc.

9777 Wilshire Blvd, Suite 704

Beverly Hills, CA 90212

310-271-8700

EDUCATION:

Undergraduate - BS: University of Illinois at Urbana/Champaign; Biology, Broadcast-Journalism

Medical School - DO: Kansas City College of Medicine, Cum Laude

Medical Internship: Internal Medicine/Neurology/Psych - UCLA Centers for Health Science Medicine

Residency: Psychiatry - UCLA Semel Institute for Neuroscience & Human Behavior

Fellowship: Addiction - UCLA Semel Institute for Neuroscience & Human Behavior

LICENSURE: State of California

BOARD CERTIFICATION:

Psychiatry: American Board of Psychiatry and Neurology

BOARD CERTIFICATION:

Addiction: American Board of Addiction Medicine

PROFESSIONAL EXPERIENCE:

06/2003-Present

**UCLA SEMEL INSTITUTE FOR NEUROSCIENCE AND HUMAN BEHAVIOR,
ASSISTANT CLINICAL PROFESSOR,
SENIOR ATTENDING PHYSICIAN, OUTPATIENT ADDICTION MEDICINE CLINIC
ATTENDING PSYCHIATRIST & ADDICTION SPECIALIST (with Privileges)**

Treatment provider for patients seen at the UCLA Semel Institute for Neuroscience who are plagued with chemical (alcohol, heroin, meth, cocaine, prescriptions) and/or behavioral addictions (sex, gambling, shopping addiction, etc.), eating disorders, chronic pain, sleep disorders, physical/mental trauma and mind-body changes. Many patients have a co-morbid mental health disorder or co-occurring disorder. Medication management, novel treatments based on evidence based medicine. Supervise residents, fellows and medical students in addition to lecturing staff

06/2008- Present

**THE CONTROL CENTER (FOR ADDICTIONS)
BEVERLY HILLS CENTER FOR SELF CONTROL & LIFESTYLE
ADDICTIONS
MEDICAL DIRECTOR, ADDICTION SPECIALIST, PSYCHIATRIST
BEVERLY HILLS, CALIFORNIA
PRIVATE PRACTICE PHYSICIAN (Since 2003)**

Director and Founder of The Control Center: Beverly Hills Center for Self Control & Lifestyle Addictions. The center focuses on treating impulsivity and self control including: anger management and stress management in addition to lifestyle addictions such as: gambling addiction, sex addiction, food addiction, shopping addiction and videogame addiction. Additional programs include: Chemical Addictions, Spiritual Program and Relationship program. Work with mood (depression, bipolar), anxiety disorders, ADHD and chemical substance use disorders. Well trained in both psychotherapy and psychopharmacology;

Additionally trained in couples/relationship therapy
Specialty in co-occurring disorders; Buprenorphine Certified 2003

06/2003 - Present

**PRIVATE PRACTICE PSYCHIATRIST
MOOD DISORDERS, ANXIETY DISORDERS, ADDICTION MEDICINE**

Beverly Hills private practice psychiatrist working with patients plagued by overwhelming impulses, anger, stress or mood instability. Worked individually with patients and in a group setting. Utilized

techniques to diffuse impulses, anger and stress including: relaxation techniques, work with cognitive distortions, substitution techniques, medication management, etc.

06/2006 - 06/2008

**WONDERLAND RESIDENTIAL TREATMENT CENTER - LAUREL CANYON
MEDICAL CONSULTANT & ADVISOR**

Psychiatrist, Addiction Specialist and Co-Occurring Disorder specialty advisor at the Wonderland Residential Treatment Center in Laurel Canyon / Hollywood. Duties include: Detoxification, acute crisis stabilization, medication management, psychiatric diagnostic classification, addiction treatment, mental health treatment advisor and lecturing on cutting edge treatments in medicine.

06/2002-06/2004

**UCLA NEUROPSYCHIATRIC INSTITUTE
COVERING INPATIENT ATTENDING PSYCHIATRIST
PSYCHIATRIC PHYSICIAN TRAINER - DOCTORING PROGRAM
CLINICAL INSTRUCTOR (w/ Privileges)**

Part-time covering inpatient physician for A-west, A-south inpatient psychiatric wards. Managed team, supervised residents, teaching. Led clinical care team with complicated patients with psychiatric illness.

Providing clinical care as an attending physician to overflow inpatient psychiatric patients and general/addiction psychiatry outpatients (supervising residents) at the UCLA Neuropsychiatric Institute. The scope of diagnoses seen in an inpatient and outpatient setting include: impulse control disorders (sexual addiction, gambling addiction, kleptomania, internet addiction) as well as chemical addictions, depression, bipolar disorder, schizophrenia, PTSD, OCD, ADHD, phobias, etc. Additionally, gave lectures on various topics to physicians (rounds), mental health practitioners and substance abuse practitioners; lecture topics include: Dual Diagnosis, Spirituality and Addiction; Mood Disorders, Media and Addiction/Mental Illness; Creativity and Mental Health; Club Drugs and The Rave Scene; Behavioral Addictions, New Advances in Addiction Treatment, Alcohol Withdrawal. Additionally, teach medical students on how to perform a good psychiatric examination.

05/2000-05/2001

**LA SHERIFF'S DEPT/ TWIN TOWERS JAIL SYSTEM
FORENSIC PSYCHIATRIC PHYSICIAN**

Worked in the ER inmate reception center and the innovative inpatient pilot program at the LA county twin towers jail facility during residency training. Developed skills in assessing malingering and psychological profiling. Developed strong interviewing skills in a forensic format and learned to apply skills in a forensic setting. Developed effective crisis intervention techniques

and ability to detect malingering in the criminal population.

PROFESSIONAL ACTIVITIES:

- 1) **Entertainment Industry Council (Mental Health Advocacy) - Speaker & Consultant**
- 2) **Mental Health America (National Press Club - DC) - Speaker & Host**
- 3) **National Council on Problem Gambling - Member**
- 4) **Depression Is Real Coalition - Medical Consultant & Advisor**
- 5) **“Private Practice” Television Show (ABC) - Primary Medical Consultant**
- 6) **Alkermes & Cephalon Pharmaceuticals - National Healthcare Liaison & Advisor**
- 7) **“Down & Up” National Depression Campaign - Weekly Podcast Host**
- 8) **Reckitt Benckiser - Speakers Bureau (Buprenorphine)**
- 9) **Pfizer Pharmaceuticals - Speakers Bureau (Chantix)**
- 10) **Feature Films “Thirteen” “Laurel Canyon” “Lords of Dogtown” Technical Medical Advisor**
- 11) **Society for the Advancement of Sexual Health - Member**
- 12) **American Psychiatric Association - Member**
- 13) **American Society of Addiction Medicine - Member**
- 14) **Indian Health Service (I.H.S) Physician/Trainee - Trained w/ Shaman & Western Medicine**
- 15) **International Medical Training - Central Turkey - Trained w/ Sufi Physician, Rural Medicine**

HONORS AND SPECIAL AWARDS:

THOMAS UNGERLEITER ADDICTION MANUSCRIPT AWARD (2002)

For best manuscript on addiction and public policy

**BRISTOL-MYERS SQUIBB NATIONAL RESIDENT AWARD
RECIPIENT (1998)**

Awarded to 12 top national residents in Public and Community Psychiatry per year

**NATIONAL ASSOCIATION OF PHYSICIAN BROADCASTERS AWARD
RECIPIENT(1996)**

Awarded to individuals who excel in the dissemination of medical information in the media

SIGMA SIGMA PHI NATIONAL HONORARY (1996)

Academic/Leadership-top 15% Medical School

LECTURES AND PRESENTATIONS:

- 1) **Celebrities & Addiction (Plenary Speaker, California Society of Addiction Medicine, 2010)**
- 2) **Neuroscience of Spirituality (CSAM Plenary 2009, Sierra Tucson / Matrix 2004-8)**
- 3) **Drugs, Pop Culture & Partying (Not my Kid Foundation, National Gala, 2010)**
- 4) **The Science of Self Control - Out of Control Behaviors: Sex, Gambling, Shopping, Food
(Cedars Grand Rounds, 2010, CSAM 2009, UCLA, 2009)**
- 5) **The Science of Dating; Dating & The Brain (SASH Conference National Speaker 2009)**
- 6) **Detoxification: Opiates...An Overview (California Association of Toxicologists 2008)**
- 7) **Depression in America: A Statewide Breakdown (National Press Club, D.C.) 2008**
- 8) **Club Drugs - The Subculture (Olive View) 2005**
- 9) **The Biological Perspectives of Dual Diagnosis (Dept. Mental Health & UCLA) 2002-2005**
- 10) **Psychology Goes To The Movies (UCLA Psychology & Film Depts.) 2002-2006**

JOURNAL ARTICLES & RESEARCH:

- Reid, R. C., Carpenter, B. N., Gilliland, R., & **Karim, R.** Problems of self-concept in a patient sample of hypersexual men with ADHD. *Journal of Addiction Medicine* (2010)

- Reid, R. C., **Karim, R.**, McCrory, E., Carpenter, B. N.; Self-reported differences on measures of executive function and hypersexual behavior in a patient and community sample of men. *International Journal of Neuroscience*. (2009)
- **Karim R.**, Newton, T, Wells, K. (in preparation). The role of the public service announcement in drug abuse education; To educate or entertain? A critical review.
- Reid R., Li, Lopez, Parhami, Collard, **Karim, R.**, Fong; Exploring Facets of Personality & Escapism in Pathological Gamblers. *Journal of Social Work Practice in the Addictions* (2010)